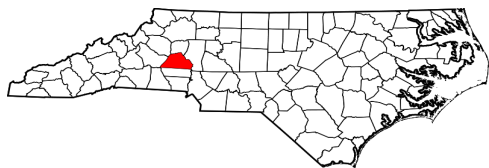


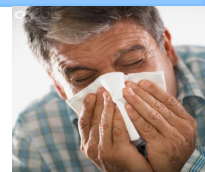
State of the County Health Report

Catawba County 2009

Your County, Your Community, Your Health



Did You Know?



Quick Facts

- Catawba County's suicide rate is consistently higher than NC.
- Motor vehicle accidents are the leading cause of death for persons ages 15-44 in the county.
- 43.5% of Catawba County middle and high school students reported using alcohol in the past year.
- Colon-Rectal cancer death rates are higher in Catawba County than NC for all genders and races.
- 22% of adults in our county smoke, but 50% have tried to quit at least once in the past year.
- 15% of pregnant woman smoke, which is double the NC 2010 target.



- Catawba County has significantly higher flu and pneumonia deaths for people over 65 than North Carolina. Flu shots are the best prevention for flu, but only 40% of residents got the shot last year.
- 13.7% of children and 20% of adults in Catawba County do not have health insurance according to the NC Institute of Medicine.
- Catawba County's rate per 100,000 of Chlamydia and Gonorrhea (STDs) is 45% lower than the NC rate. There were 422 Chlamydia cases and 184 Gonorrhea cases in the county.
- 87% of women over 18 had a pap smear in the last 3 years and 81% of women over 40 had a mammogram in the past 2 years.

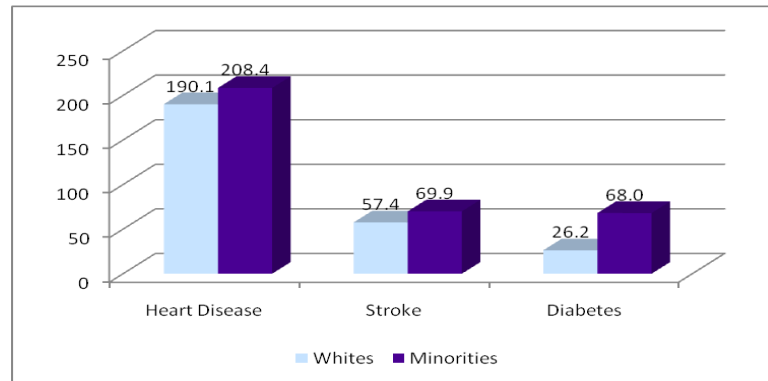


- Minorities in Catawba County die from heart disease, stroke, and diabetes at significant higher rates than whites.
- Diabetes deaths among Catawba County minorities are 38% higher than the minority death rate in North Carolina.

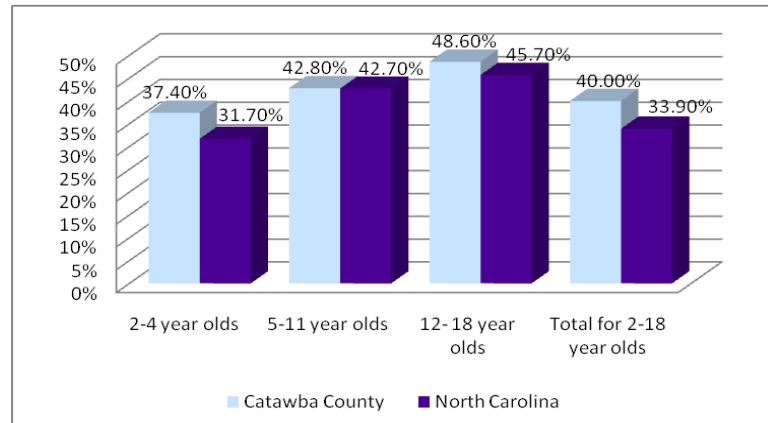


- 40% of children ages 2 to 18 are overweight in Catawba County. 61% of adults self-reported they are overweight.
- 74% of adults report exercising outside of work in any given month.

White and Minority Health in Catawba County
Death rates per 100,000



Childhood Obesity in Catawba County and North Carolina



Leading Causes of Death

	Catawba	NC	US
Cancer	1	2	2
Heart Disease	2	1	1
COPD*	3	3	4
Stroke	4	4	3
Alzheimer's	5	6	7
Unintentional Injury	6	5	5
Diabetes	7	7	6
Flu and Pneumonia	8	8	8
Motor Vehicle Injuries	9	10	N/A
Suicide	10	N/A	N/A

*Chronic lower respiratory disease

Catawba County Public Health
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 For a complete report visit: www.catawbacountync.gov/phealth